



Cambridgeshire
County Council

DofE Residential Multi-Activity Course

Grafham Water Centre

Monday 13—Friday 17 February 2017

Course Details

Age Range: 16-24yrs

Objectives

Meet people

Build new relationships & show concern for others

Work as part of a team towards shared goals

Accept responsibility for self & others

Develop communication skills

Show initiative

Enjoy living & working with others

Perry, Huntingdon, Cambridgeshire PE28 0GW

T: 01480 810521 F: 01480 376296

grafham.water@cambridgeshire.gov.uk



Duke of Edinburgh
@ GRAFHAM WATER CENTRE

Proposed Residential Programme

Day One

11:30 Arrive / Introductions/Site Tour
Tea & Coffee is available on arrival for all participants and their parents / carers / chauffeurs who are dropping participants off at the Centre
12:30 Lunch
13:30 Greeting from Grafham Water Centre
Outline of Programme for the Course
13:30 Activity Session 1
16:30 End of session
18:00 Evening meal
19:00 Activity Session 2
21:00 Review of the day
22:00 Social time

Day Two

08:15 Breakfast
09:30 Activity Session 3
12:30 End of session
12:45 Lunch
13:30 Activity Session 4
16:30 End of session
18.00 Evening meal
19.00 Activity Session 5
21:00 Review of the day
22:00 Social time

Day Three

08:15 Breakfast
09:30 Activity Session 6
12:30 End of session
12:45 Lunch
13:30 Activity Session 7
16:30 End of session
18:00 Evening meal
19:00 Social time

Day Four

08:15 Breakfast
09:30 Activity Session 8
12:30 End of session
12:45 Lunch
13:30 Activity Session 9
16:30 End of session
19:00 Dinner
20:30 Social Activity

Day Five

08.15 Breakfast
09.30 Catapult competition
12:30 Lunch
13:30 Review of the week / debrief & presentation of certificates
15:00 Depart
Tea & Coffee will be available for parents / carers / chauffeurs who are collecting participants

Activity Sessions

Activity Session could include a range from the following:

High Ropes
Indoor Climbing
Mountain Biking
Pioneering
Problem Solving
Archery
Bushcraft
Power Kites
Expedition

The choice of activities will be weather dependant however our programme will be flexible to enable us to accommodate the broadest range possible.